MMCC SUPPORT SERVICES NEWSLETTER MAY 2024 3450 DeKalb Avenue iSE HABLA ESPAÑOL!



3450 DeKalb Avenue Bronx, New York 10467 718-882-4000

Notes from the Director...

Greetings,

I'd like to start off by wishing all Mothers in our MMCC staff and clients a very Happy Mother's Day. Your hard work and dedication to your loved ones doesn't go unnoticed and you deserve a round of applause for all that you do!

The month of May is also Mental Health Awareness Month and our Support Services department is readily available to assist our community with obtaining resources to help face these challenges. We have programs dedicated to all age groups.

Please remember that you matter, you are seen and your feelings are valid. Our department is dedicated to help lift the stigma and shame off of mental health. You are not alone and we are here for you.

If you have any questions about what services and accommodations are available for neurodivergent people, feel free to contact us at 718-882-4000 ext. 444. In the event of a crisis, please see the following page for hotlines offering immediate assistance.

Warmest Regards,
James Bishop Jr.
Director of Support Services at MMCC



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718-882-4000

MMCC SUPPORT SERVICES NEWSLETTER

MAY 2024

Crisis Text Line:

New York State has partnered with Crisis Text Line, an anonymous texting service available 24/7. Starting a conversation is easy. **Text GOT5** to 741741.

OASAS HOPEline:

New York State's 24/7 problem gambling and chemical dependency hotline. For Help and Hope call **1-877-8-HOPENY** or **text HOPENY**

988 Suicide & Crisis Lifeline:

If your life or someone else's is in imminent danger, please call 911. If you are in crisis and need immediate help, please call: **988**

Domestic Violence:

If you or someone else is in a relationship is being controlled by another individual through verbal, physical, or sexual abuse, or other tactics, please call: **1-800-942-6906**

NYC WELL:

New York City's free, confidential support and crisis intervention for anyone seeking help for mental health and/or substance misuse concerns, available 24/7. **Text "WELL" to 65173** or call **1-888-NYC-WELL**.

"Healing takes time, and asking for help is a courageous step."

Mariska Hargitay

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OLDER ADULT CENTERS

Are you 60+ years old?

Come join our Older Adult Centers which provide recreational, physical and educational activities. To sign up please contact the directors listed below:

Maya Doyle, Director of Main Building Older Adult Center: mdoyle@mmcc.org

Dr. Maria Garcia, Director of Marble Hill Older Adult Center: m.garcia@mmcc.org

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MARBLE HILL OLDER ADULT CENTER UPCOMING EVENTS:

May 1st, 2024

1pm- Discussion Healthy workshops -w/Evelyn (held every Wednesday)

May 2nd, 2024

11:15am-IMCR Discussion: Institute for Medication and conflict resolution - w/Javier Seda, mediator

May 6th, 2024

10am-Rss/VNS discussion: MHOAC-health/Emotional wellbeing, blood pressure/-w/Jennifer-RSS & Isael (held every Monday)

Thursday, May 9th, 2024

11:15am-exercise w/Stuart

Thursday, May 23rd, 2024

11:15am-exercise w/Stuart



SHOUT OUTS!!

We'd like to express our appreciation for the dedication shown by our Workforce Development interns. Every day, they contribute tirelessly to our mission, giving back to the community they call home with unwavering compassion and empathy. These committed individuals play a vital role in our daily successes year-round.

Something Fresh. Something Green!

You may have noticed an array of vibrant greens in your pantry bag lately, courtesy of our hydroponic plant harvests! Each week, we gather an assortment of fresh herbs and vegetables like basil, parsley, butter lettuce, cilantro, and more. Keep an eye out for these bursts of freshness alongside your pantry staples!

Join Our Mission!

Have you ever wondered who's behind the packing of those pantry bags each week? It's a collaborative effort between our Workforce Development interns and some truly remarkable volunteers. With an average distribution of 500 pantry bags weekly, it's a significant undertaking that wouldn't be possible without the incredible support from our interns and volunteers.

Interested in supporting our Food Pantry? There are numerous ways to make a meaningful impact, whether you choose to volunteer your time, make a donation, or raise awareness about our services, every act of kindness contributes to our mission. Together, we can nurture a healthier, more vibrant community for all. For more information, please visit us at MMCC.org

Looking Ahead...

We are gradually transitioning to Plentiful as our primary system. What does this mean for you? Faster check-ins and shorter wait times at our pantry. However, as we navigate this transition, we appreciate your patience as we distribute and ensure that all pantry participants have their Plenti-Pass OR Code ready. Our upcoming pantry dates are listed below:

Pantry Procedures...

Pantry tickets will be distributed at 8:30 am on pantry days, followed by the distribution of pantry bags at 10 am in numerical order. To receive a bag, present your ticket and NY State ID or Plenti-Pass QR Card. Collecting items for others is not allowed. Thank you for your cooperation. Contact Africa Dawson at ADawson@MMCC.org for inquiries.

May's Pantry Distribution Dates & Times:

Wednesday, May 8th: 10am-12pm

Thursday, May 16th: 10am-12pm

Wednesday, May 22nd: 10am-12pm

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!Welcome

Bienvenidos, Bienvenu, ঁঠ্ঠা, স্বাগত, 欢迎! to our English second language program

We offer free English classes, Certificates of completion, Group activities, and Individual tutoring

The ESOL Program is no longer accepting applications. Enrollment will be open again September 7th 2024.

MOSHOLU MONTEFIORE COMMUNITY CENTER





For residents of 2375, 2405, 2475 Southern Blvd, who are in need of NYC benefits assistance, we can help with the following:

- SNAP Benefits
- Cash Assistance
- One Shot Deals
- Reduced Fare MetroCards
- Taxes

- Medicaid Services
 - Childcare Vouchers
 - NYC ID Card Applications
 - & much, much more depending on qualifications!

For any questions or to schedule an appointment, please contact:

Aleyda Marte Program Director Cell: (646) 689-5727

Office: (929) 502-2272, ext 100 Case Manager Cell: (646) 745-0643

Office: (929) 502-3313, ext 103 Victor Alicea

Outreach Coordinator Cell: (646) 745-4016

(929) 502-3316, ext 104

Main Office (929) 502-2269





Mosholu Montefiore Community Center 3450 Dekalb Avenue | Bronx, New York 10467 Call: 718-882-4000 | Visit: www.mmcc.org







We are so excited to know that the NYC Benefits program contract has been extended for 3 more years. We are happy to know that we will continue to serve our community with our services and support. Victor Alicia and Jennifer Santiago are collaborating with Maritza Program Director at PS/MS 20 and will be joining them for a Health Fair on Friday May 17th, 2024 from 3pm-5pm. I would like to shout out my staff Victor Alicea, Outreach Coordinator and Jennifer Santiago, Case Manager, they are doing an amazing job.

MOSHOLU MONTEFIORE COMMUNITY CENTER





Para los residentes de 2375, 2405, 2474 Southern Blvd que necesitan asistencia de beneficios de NYC, podemos ayudar con lo siguiente:

- SNAP Benefits
- Cash Assistance
- One Shot Deals
- Reduced Fare MetroCards
- Taxes

- Medicaid Services
- Childcare Vouchers
- NYC ID Card Applications
- & much, much more depending on qualifications!

Para cualquier pregunta o programar una cita, comuníquese con:

Aleyda Marte

Program Director Cell: (646) 689-5727 Oficina:

(929) 502-2272, ext 100

Jennifer Santiago

Case Manager Cell: (646) 745-0643 Oficina:

(929) 502-3313, ext 103

Victor Alicea

Outreach Coordinator Cell: (646) 745-4016 Oficina:

(929) 502-3316, ext 104

Website: www.mmcc.org



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Oficina Principal

(929) 502-2269

Estamos muy emocionados de saber que el contrato del programa NYC Benefits se ha extendido por 3 años más. Nos alegra saber que continuaremos sirviendo a nuestra comunidad con nuestros servicios y apoyo. Víctor Alicia y Jennifer Santiago están colaborando con la directora del programa Maritza en PS/MS 20 y se unirán a ellos para una feria de salud el viernes 17 de mayo de 2024 de 3 p. m. a 5 p. m.Me gustaría agradecer a mi personal, Víctor Alicea, Coordinador de Alcance y Jennifer Santiago, Administradora de Casos, están haciendo un trabajo increíble.

Address: 3450 DeKalb Avenue, Bronx, New York 10467

718-882-4000

FREE CASE ASSISTANCE



CASE WORKER AVAILABLE ON SITE Available for All Ages

Housing • Entitlements • Childcare Referral • Employment Assistance • Educational Counseling Immigration Consultation • Renew leases & section 8 youcher • Mental Health Referrals & assistance • Emergency food, clothes, diaper referral • Access to Medicare & Medicaid services Information & referral to legal assistance • MTA, reduced-fare for adults with disabilities and seniors • Help navigating housing court for cases with rental arrears • Help completing applications for housing subsidy programs • Help resolving utilities and rent arrears (information and referral) • Process, recertify & complete SCRIE & DRIE • Recertify and resolve SNAP, Medicaid and Public Assistance cases with HRA • and much more...

LOCATION

Mosholu Montefiore Community Center 3450 Dekalb Ave Bronx, NY 10467



For more information contact: Marisol Baez at mbaez@mmcc.org or (718) 944-3200, ext. 352



Promoting Healthy Families funded by NDA-DYCD

Mosholu Montefiore Community Center 3450 Dekalb Avenue | Bronx, New York 10467 718-882-4000 | info@mmcc.org







NDA Healthy Families continues to rise as a crisis and the need in our community also continues to rise. With the help of the staff we have been able to obtain over 400 outcomes for clients in crisis and in need of services. We recently were visited by the State to review our charts and were given a Perfect review, they were impressed by the volume of clients, services and documentation provided in each chart. The team has done a great job.

We are happy to announce that we now have a New Part time Case Manager, Alissa Flores and like to welcome her to our team and our department at Support Services.

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GRATIS ASISTENCIA DE CASO



Trabajadora Social Disponible Disponible para todas las edades Para facilitar servicios gratis en las siguientes áreas:

Vivienda • Derechos • Referencia de cuidado de niños • Asistencia para Empleo • Consejería Educativa • Consulta de Inmigración • Ayude a navegar por el tribunal de vivienda • Referencias y asistencia de salud mental • Comida de emergencia, ropa, referencia de pañales • MTA, tarifa reducida para adultos y personas mayores • Renovar los contratos de arrendamiento y el bono de la sección 8 • Acceso a los servicios de Medicare y Medicaid • Información y remisión a asistencia legal • Procesar, recertificar y completar SCRIE y DRIE • Ayudar a completar las solicitudes de programas de subsidio de vivienda • Ayuda a resolver los servicios públicos y los atrasos de alquiler (información y remisión) • Recertificar y resolver casos de SNAP, Medicaid y Asistencia Pública con HRA • y mucho más...

UBICACION

Mosholu Montefiore Community Center 3450 Dekalb Ave Bronx, NY 10467

Están siendo aceptadas actualmente referencias.

Para más información contacte: Marisol Báez en mbaez@mmcc.org o (718) 944-3200 ext. 352



Promoviendo familias saludables-Fundado por NDA-DYCD

Mosholu Montefiore Community Center 3450 Dekalb Avenue | Bronx, New York 10467 718-882-4000 | info@mmoc.org







718-882-4000

NDA Healthy Families continúa aumentando como una crisis y la necesidad en nuestra comunidad también continúa aumentando. Con la ayuda del personal hemos podido obtener más de 400 resultados para clientes en crisis y que necesitan servicios. Recientemente fuimos visitados por el Estado para revisar nuestras gráficas y nos dieron una revisión Perfecta, quedaron impresionados por el volumen de clientes, servicios y documentación brindada en cada gráfica. El equipo ha hecho un gran trabajo.

Nos complace anunciar que ahora tenemos una nueva administradora de casos a tiempo parcial, Alissa Flores, y nos gustaría darle la bienvenida a nuestro equipo y a nuestro departamento de Servicios de soporte.

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Our ABM site is temporarily closed as it is undergoing renovations. Our staff will still meet with clients at ABM by appointment only. To request an appointment please contact **Program Director Iysha David at 646-899-5076 or** email idavid@mmcc.org

Website: www.mmcc.org