Wellness for Older Adults

Geriatic wellness is a well day program that is focused on catering to the mental and physical health of the older adults of the Bronx community.

We have 4 locations:

- 1. Fort independence
- 2. MMCC Older Adult Center
- 3. Pelham Cornerstone
- 4. Marble Hill

All wellness programs provide services, such as mental health screenings and group support sessions.



THANKS TO OUR PARTNERS







