

Wellness with Families

We provide services to 3 schools in the Bronx community:

1. PS/MS 95 Sheila Mencher
2. PS/MS 20 P.O. George J Werdann, III
3. PS/MS 19 Judith K. Weiss Woodlawn School

Throughout the year we work within the afterschool programs to provide wellness education and teach the children about the 7 B'N Fit target behaviors that support a healthy lifestyle. If your child attends one of these schools, they have access to the wellness events that occur throughout the year.

Click the links below to see what events are happening this year:

[PS 19 Wellness Events](#)

[PS 95 Wellness Events](#)

[PS 20 Wellness Events](#)

THANKS TO OUR PARTNERS

