

Wellness With Families

We provide services to three schools in the Bronx community which are PS/MS.95 Sheila Mencher, PS/MS 20 P.O George J Werdann, III and PS/MS.19 Judith K. Weiss Woodlawn School.

Throughout the year we work within the afterschool programs to provide wellness education and teach the kids about the 7 B’N Fit target behaviors that support a healthy lifestyle. If your child attends one of these schools they have access to the wellness events that occur throughout the year.

Click link to see what events are happening this year:

[PS.19 Wellness Events](#)

[Ps.95 Wellness Events](#)

[PS.20 Wellness Events](#)