



3450 DeKalb Avenue
Bronx, New York 10467
718-882-4000

¡SE HABLA ESPAÑOL!

Notes from the Director...

Happy Spring Everyone!

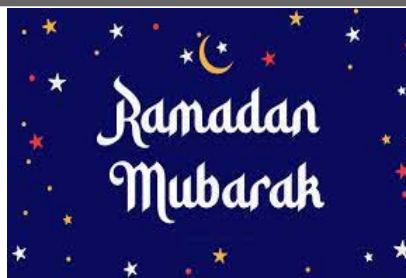
It is with great pleasure that I have the opportunity to embark on the beautiful spring time season with our MMCC Support Services staff and community. MMCC Support Services is here to support you as you embark on this journey of new beginnings.

Support Services continues to provide a variety of services to our community members that are aimed at improving our clients overall quality of life. Our food pantry continues to distribute nutritionally dense foods on a weekly basis. Our VITA tax program has been working diligently throughout this tax season to ensure your taxes are filed in a timely as well as professional manner. Our Healthy Families program aids the community in obtaining rental assistance, utility assistance, Medicare and Medicaid services along with crisis intervention. Our SNAP program has tirelessly worked to ensure all recipients receive up to date information regarding entitlements.

We are proud to announce that C2C (Building Resiliency in Youth program has launched and will provide mental health services for youths ages 13-21. If you are interested in these services please contact Program Director Tannashae Johnson at tjohnson@mmcc.org.

We are equally proud to announce our new initiative, NYCBenefits which will launch on May 1st, 2023. Stay tuned for more information on this new and exciting endeavor.

Thank you all for letting us be a part of your story,
James Bishop Jr.



MMCC Pantry would like to thank the following organizations for their generous contributions:

UJA

UNH

United Way

Food Bank of NYC

If you are interested in donating to our pantry please contact the Director Africa Dawson:
adawson@mmcc.org

A special Thank You goes out to our interns from Mercy College as well as Work, Earn and Grow. We couldn't feed our community without all of your dedication and hard work.

Food Pantry Dates

**@ 3450 Dekalb Avenue
From 10am-12pm**

Wednesday April 5th, 2023

Wednesday April 19th, 2023

Wednesday April 26th, 2023

Pantry Tickets will be available starting at 8:30 am. You must STAY in line after you collect your pantry ticket.

Interested in becoming an MMCC Volunteer?

Contact our Volunteer Coordinator Jack Farrell at
jfarrell@mmcc.org or scan the QR code below:



OLDER ADULT CENTERS

**Are you 60+ years old?
Come join our Older Adult Centers
which provide recreational, physical
and educational activities. To sign up
please contact the directors listed be-
low:**

**Maya Doyle, Director of Main Building
Older Adult Center:
mdoyle@mmcc.org**

**Josephine Medina, Director of Fort In-
dependence Older Adult Center:
jmedina@mmcc.org**

VITA TAX PREP

VITA is still offering Tax
preparation services on a walk in basis
throughout the season, no
appointments necessary:

Monday-Friday

11am-6pm.

All other tax related concerns can be ad-
dressed at the end of the season.

If you have any questions please contact
Baidriss Coulibaly,

Director of VITA at:

bcoulibaly@mmcc.org

or

Angelica Guzman, Assistant

Director of VITA at:

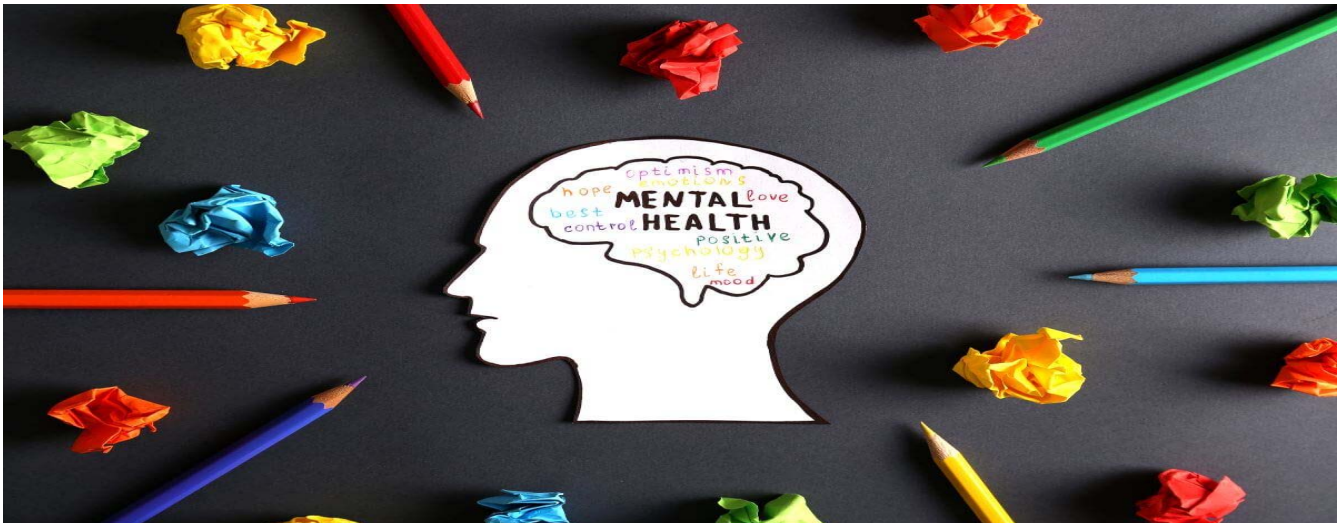
aguzman@mmcc.org

What is MMCC-ABM?

Through the Permanent Affordability Commitment Together (PACT) program, comprehensive repairs averaging 260k for each unit will be brought to Audubon, Bethune Gardens and Marshall Plaza (ABM) to modernize each property and provide current residents with priority access to onsite employment opportunities. MMCC has forged an enhanced social service partnership with Parent company of Feria Management Dante's Partners to provide pioneering support services. We aspire to provide exceptional support services to ABM tenants and following its success we aspire to expand this initiative to the surrounding neighborhoods in Harlem as well.

**CDC is hosting a FREE
COVID-19 vaccination
event on April 3rd,
2023.**

**MMCC Main Building
3450 Dekalb Avenue
Bronx, NY 10467
from 11am-3pm.
All participants must
present a photo ID.**

PROGRAM OF THE MONTH**Connections to Care: Building Resiliency in Youth (C2C: BRY)**

The Connections to Care: Building Resilience in Youth program was developed in response to the significant need for youth mental health interventions in NYC, following the ongoing COVID-19 pandemic. The program focuses on providing increased mental health support and resources to neighborhoods that have been disproportionately affected by COVID- 19, particularly for youths aged 13-21.

By providing resources tailored to each community, we tackle the barriers and normalize mental health conversations. No one is exempt from struggling with mental health, especially our country's youth. Particularly in communities of color and communities with a lack of mental health resources, adolescents face higher rates of mental health challenges. Thus, it has become crucial for kids and caregivers to initiate conversations with children early and often surrounding mental health.

Please contact Tannashae Johnson (program director) at 646-581-1193 or TJohnson@mmcc.org for more information.

The Healthy Families program is to support and strengthen families using a holistic, strengths-based approach based on the principles of family development.

Using a strength-based, case management approach, which is based on the principles of family development, programs address the particular needs of each participant. Case

management includes working with the family to assess strengths, needs, and resources; developing an individualized strategy to meet short and long-term goals; and following up with the family to determine whether goals have been met and/or needs have changed. Programs assist families in accessing resources for identified needs, including domestic violence, health and nutrition, housing and all NYC Entitlements.

For questions or to set up and appointment please call:

Marisol Baez, *Cell: 646-899-0235 office 718-882-4000 x352 email: mbaez@mmcc.org*

Please be mindful that MMCC will be closed the following dates, but VITA Tax Services will still be available at the main building from 11:00 AM-6:00 PM:

April 6th, 2023

April 12th, 2023

April 13th, 2023

All programs will be closed the following dates:

April 7th, 2023

April 14th, 2023

April 21st, 2023



Caring for an older loved one who is skipping meals to pay bills?

SNAP can help them buy more food.

The Nutrition Outreach and Education Program (NOEP) can help older adults learn if they may be eligible for SNAP. NOEP can also help them complete and submit their application.

Call today. It is free and confidential.

**Mosholu Montefiore Community Center
3450 Dekalb Avenue
Bronx, NY 10467
NOEP 718-882-4000 ext. 304**